

**JENNIFER PUIG \* [jennifer.puig@gmail.com](mailto:jennifer.puig@gmail.com) \* 305-608-5848**

*Creative Dance Movement Therapy Facilitator*



Jennifer Puig is a dance and movement facilitator, creative multi-disciplinary artist, and passionate teacher of dance, creative movement, creative pre-ballet and yoga for children of all ages and abilities. Jennifer has recently completed a Wolftrap Education Training, where she learned how to teach developmental literacy and curriculum standards through the use of the ARTS and Dance Elements and Tools. Jennifer is also certified in Dance Movement Therapy after having completed 3 years of practice and studies for the DMT Master Degree in Universidad Autonoma de Barcelona, Spain, which allows her to integrate mind-body practices in all the classes she teaches. Jennifer has an inexhaustible curiosity for how dance and movement is manifested in a variety of communities and populations, as well as for how body movement plays an intricate part of our every-day life providing a tool for meaning, self - expression, communication and healing. She draws her passion and inspiration from her Dominican upbringing and culture, and her desire to support, assist, heal and serve through the transformative powers of dance and universal movement.

She currently works as a Creative Dance Teacher, Resident Teaching Artist and Classroom Teacher Art Trainer for **VSA FL, Arts for Learning (A4L Miami) and Movement Yoga for Children, Inc.** Through **Movement Yoga for Children**, Jennifer begun to teach yoga to children at KLA Schools and currently at **Miami Jewish Montessori**, in Coral Gables, which has assisted in furthering her understanding of how Yoga and Dance connect and inform each other. Throughout her studies of Professional Dance at Florida International University, she worked for education- oriented programs such as F.L.A.P (Florida Literacy Arts Program) for Non-English speaking families, and Brazz

Dance's Afterschool Dance Program for children at risk in Little Haiti, Miami. Jennifer has trained over 100 Miami Dade/ Hialeah and Broward school teachers using Dance and the Arts as tools for enhancing education. Jennifer has also led the community of Miami in learning a dance choreography created by Debbie Allan, to perform and support "ONE BILLION RISING" (A movement against Women's Violence) for a world-wide broadcast event. When Jennifer is not teaching classes, she stage manages dance and music shows at Miami Dade Kendall College and YoungArts Miami. She has recently assisted dancer Bill T Jones in the YoungArts Gala Ball 2016/17 Creative Process and Broadway Dancer, Tony Yazbeck, in 2017.

Jennifer dreams of witnessing dance, movement and yoga as a part of all schools curriculum, and recently wrote 2 programs for Miami Dade Hialeah College and the Education Outreach Program: "Dance, Music and Movement as tools for education" as well as the current "S.A.L.S.A" project (Saying Yes to Health NOW). Jennifer now travels all around Miami, providing movement workshops and trainings for parents, educators, teachers and childhood care-takers as well as a wide range of classes for children of all ages for places such as "South Dade Cultural Arts Center AKI Festival", "Miami Children's Museum" Sensory Saturdays, Autism Days and Family Night Literacy Program", as well as "Florida State Foster Adoptive Parents Association's Duffel for Kids", among others.



